Clinical Trial Protocol
Iranian Registry of Clinical Trials

07 Nov 2026

The Effect of add on therapy of ultra-high dilution Natrium muriaticum on Depression and Quality of Life of depressed patients in comparison with placebo

Protocol summary

Summary

In this study we will evaluate the effectiveness of adding homeopathic remedies to conventional treatment of depression. Depressed patients with and without Post-traumatic Stress Disorder(PTSD) due to explosions in Iran-Iraq war with main symptoms of Natrium muriaticum dynamism (Old sadness, Sympathy, hold on past) with or without headache will be selected. In the evaluation of the effectiveness of Natrium muriaticum ,in order to control researcher bias and also the patients preference, this study will be conducted in double blind design. The patients and researchers do not know that which cases will receive homeopathy or placebo but another person will give it to the cases. Forty cases will be selected randomly and divided to two groups (control and intervention). In first visit we will explain the study, method and duration of therapy, and they will accept or do not accept the testimonial form. In each visit (every 2-4 weeks) homeopath will take the history, define the remedy and choose it's dose.Then another person will give the remedy or the placebo to the patients accountin to their previous groups. This process will continue for about 6 months. In this intervention we will use other appropriate remedies by their new or accessory dynamisms. Patients of both homeopathy and control groups should fill out Beck depression and QOL Questionnaire before and after the intervention.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2013011912175N1**
Registration date: **2013-09-05, 1392/06/14**
Registration timing: **registered_while_recruiting**

Last update:
Update count: **0**

Registration date

2013-09-05, 1392/06/14

Registrant information

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Recruitment status

Recruitment complete

Funding source

Vice Chancellor for Research of Isfahan University of Medical Sciences

Expected recruitment start date

2012-08-22, 1391/06/01

Expected recruitment end date

2013-11-22, 1392/09/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effect of add on therapy of ultra-high dilution Natrium muriaticum on Depression and Quality of Life of depressed patients in comparison with placebo

Public title

Treatment of depression by integration of Homeopathy

to conventional Medicine

Purpose
Treatment

Inclusion/Exclusion criteria
Inclusion criteria: Age between 18 and 65. Depress patients. Do not have history of drug anaphylaxis. Do not have psychosis. Do not suffer from neurological or rheumatic treatment such as Multiple Sclerosis (MS), Vasculitis etc. Do not have cancer nor receive chemotherapy Match their symptoms with core dynamism of Natrium muriaticum Not receive alternative medicine such as herbal medicine and acupuncture in the last month

Age
From **37 years** old to **65 years** old

Gender
Male

Phase
3

Groups that have been masked
No information

Sample size
Target sample size: **40**

Randomization (investigator's opinion)
Randomized

Randomization description

Blinding (investigator's opinion)
Double blinded

Blinding description

Placebo
Used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Ethic committee of Isfahan university of medical sciences

Street address
Building No4 , Medical university, Hezar jerib Av.

City
Isfahan

Postal code

Approval date
2012-05-28, 1391/03/08

Ethics committee reference number
846/4/د

Health conditions studied

1

Description of health condition studied
Depressive episode

ICD-10 code
F 32

ICD-10 code description
The patient suffers of depressed mood, low energy and decreased activity.

Primary outcomes

1

Description
depression severity

Timepoint
Before and After 6 months of treatment

Method of measurement
The Beck Depression Inventory (BD II),

Secondary outcomes

1

Description
Quality of life

Timepoint
After 6 months of treatment

Method of measurement
Questionnaire

Intervention groups

1

Description
Group 1 = Homeopathy Main remedy is Natrium muriaticum 30CH & 200CH (every two weeks) 5-20 cc Company; Helios (UK)

Category
Treatment - Drugs

2

Description
Group2 = Placebo = Water

Category
Placebo

Recruitment centers

1

Recruitment center

Name of recruitment center
Shahid Rajaee Psychiatric and Rehabilitaion Hospital

Full name of responsible person
Heidary Habibollah

Street address
Shahid Rajaee Hospital, Najafabad - Isfahan Way

City

Najaf Abad

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Isfahan university of Medical sciences, Vice chancellor for research
Full name of responsible person
Adibi Peiman
Street address
Building No.4, Isfahan University of Medical Sciences, Hezar jerib Av
City
Isfahan
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Isfahan university of Medical sciences, Vice chancellor for research
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty