Clinical Trial Protocol
Iranian Registry of Clinical Trials

08 Nov 2026

To investigate the impact of educational program on enhancing social participation of 60-74 year- old members of Neighborhood Centers for the Elderly of Tehran

Protocol summary

Summary

Aim of study: Evaluating the effectiveness of intervention based on predicting model of social participation immediately after intervention and six months later Inclusion criteria: relatively healthy old people aged 60-74; residing in Tehran; member of Neighborhood Centers for the Elderly Exclusion criteria: disability in doing daily activities; having heart failure≥ class II; having obstructive pulmonary disease; being under treatment of cancer in the last five years Population study is relatively healthy old people aged 60-74 living in Tehran and are member of Neighborhoods Centers for the Elderly Sample size is 232; 116 in intervention group and 116 in control group In intervention group,the following measures will be done: holding educational classes in order to increase social support, self efficacy, self regulation and organizing networks between the elderly The time of study will be from 2015/5/5 to 2016/3/5 Outcome of study: increasing social participation of the elderly

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2015020412460N5**
Registration date: **2015-03-10, 1393/12/19**
Registration timing: **prospective**

Last update:
Update count: **0**

Registration date

2015-03-10, 1393/12/19

Registrant information

Name

Roya Sadedgi

Name of organization / entity

Tehran University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 912 327 5692

Email address

sadeghir@tums.ac.ir

Recruitment status

Recruitment complete

Funding source

Tehran university of medical sciences

Expected recruitment start date

2015-05-05, 1394/02/15

Expected recruitment end date

2016-03-05, 1394/12/15

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

To investigate the impact of educational program on enhancing social participation of 60-74 year- old members of Neighborhood Centers for the Elderly of Tehran

Public title

Evaluation of the social participation program of the elderly

Purpose

Other

Inclusion/Exclusion criteria

Inclusion criteria: relatively healthy old people aged 60-74; residing in Tehran; member of Neighborhood Centers for the Elderly Exclusion criteria: disability in

doing daily activities; having heart failure≥ class II; having obstructive pulmonary disease; being under treatment of cancer in the last five years

Age
From **60 years** old to **74 years** old

Gender
Both

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **232**

Randomization (investigator's opinion)
Randomized

Randomization description

Blinding (investigator's opinion)
Single blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features
A cross sectional study will be done before the intervention. In second stage of the study, 22 regions of Tehran will be divided into 5 regions: north, south, east, west and center. From each region two elderly centers will be selected as intervention group and two as Control group randomly. The other two will be selected among elderly centers randomly.

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Ethics committe of Tehran University of Medical sciences

Street address
Main building of Tehran University of Medical sciences

City
Tehran

Postal code

Approval date
2014-12-31, 1393/10/10

Ethics committee reference number
9021108005-1

Health conditions studied

1

Description of health condition studied
Problems of adjustment to life-cycle transitions

ICD-10 code
z60.0

ICD-10 code description
Adjustment to retirement

Primary outcomes

1

Description
Social participation of the elderly

Timepoint
Before the intervention- Immediately after and six months later

Method of measurement
Social participation questionnaire

Secondary outcomes

empty

Intervention groups

1

Description
In intervention group,the following measures will be done: holding educational classes in order to increase social support, self efficacy, self regulation and organizing networks between the elderly

Category
Lifestyle

Recruitment centers

1

Recruitment center

Name of recruitment center
Neighborhood Centers for the Elderly

Full name of responsible person
Gol Makani

Street address
Tehran, Before Kordestan Highway, Culture and Art Organization of Tehran Municipality

City
Tehran

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Educational vice chancellor of Tehran University of Medical Scirnces

Full name of responsible person
Dr.Mohammad Jalili

Street address
Main building of Tehran University of Medical Scirnces

City
Tehran

Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Educational vice chancellor of Tehran University of Medical Scirnces
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
Tehran university of medical sciences
Full name of responsible person
Dr. Roya Sadeghi
Position
PhD- Member of scientific board
Other areas of specialty/work
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School of Public health- Tehran university of medical aciences
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Person responsible for updating data

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Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty