Clinical Trial Protocol
Iranian Registry of Clinical Trials

08 Nov 2026

Effect of educational intervention on health promotion and social protection in the prevention of elder abuse (an explanatory model) in the elderly covers 22 districts of Tehran in 92 years

Protocol summary

Summary

Objectives: Assessing the effect of factors related to health promoting behaviors such as social support, self-efficacy on risk of elder abuse. This clinical trial study was conducted on 464 elderly people over 60 years who were admitted at Health Houses for 12 months. Design: Clinical Trial Study, no blinded, not used placebo, parallel assignment, purpose prevention, phase 2 and 3. Sitting and conduct: Participants were selected through a two-stage cluster sampling and were placed in the control and intervention groups (232 participants in each group). SCARED tool was used to determine degree of risk and vulnerability to abuse in elders. The health promoting behaviors (Healthy lifestyle), social support and self-efficacy questionnaires will be completed by the study participants. Inclusion criteria: Age over 60 years; speaking in Farsi and willingness to participate in the study. Exclusion criteria: Elders who are not able to speak Farsi and Existence of psychological problems. Intervention: An educational and empowerment program based on health promoting behaviors such as nutrition, physical activity, social support and social relations, stress management conducted to prevention and dealing with the elder abuse for three months. Main outcome measures /variables: Health promoting behaviors, social support, self-efficacy and degree of elder abuse risk.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2013070813904N1**
Registration date: **2014-01-29, 1392/11/09**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2014-01-29, 1392/11/09

Registrant information

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Fatemeh Estebsari
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Recruitment status

Recruitment complete

Funding source

1- Tehran University of Medical Science,Vice chancellor for research 2-Community Based Participatory Research Center, Iranian Institute for Reduction of High-risk Behaviors, Tehran University of Medical Science, Tehran, Iran

Expected recruitment start date

2013-06-21, 1392/03/31

Expected recruitment end date

2013-10-22, 1392/07/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effect of educational intervention on health promotion and social protection in the prevention of elder abuse (an explanatory model) in the elderly covers 22 districts of Tehran in 92 years

Public title
Elders Health Promotion and Social Suppor
Purpose
Prevention
Inclusion/Exclusion criteria
Inclusion Criteria: Age over 60 years; willingness to participate in the study; speaking in Farsi; non existence of mental health disorders; orientation to place and time.
Exclusion Criteria: Withdrawing from the study, existence of disability or special disease, elders who are not able to speak in Farsi; having trouble visiting the center; existence of psychological and mental disorders; lack of orientation to place and time; seniors who are reluctant to participate in the study.
Age
From **60 years** old to **80 years** old
Gender
Both

Phase
2-3
Groups that have been masked
No information
Sample size
Target sample size: **464**
Randomization (investigator's opinion)
Randomized
Randomization description
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Parallel
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Ethics Committee of Tehran University of Medical Science
Street address
Keshavarz Blvd, Ghods Av, Tehran
City
Tehran
Postal code
Approval date
2013-11-21, 1392/08/30
Ethics committee reference number
19230.30/8/92

Health conditions studied

1

Description of health condition studied
.
ICD-10 code
.
ICD-10 code description
.

Primary outcomes

1

Description
social support
Timepoint
6 month
Method of measurement
Personal Resource Questionnaire 85- Part 2(PRQ85)

2

Description
general self efficacy
Timepoint
6 month
Method of measurement
Questionnaire general self efficacy(GSE)

3

Description
lifestyle
Timepoint
6 month
Method of measurement
quastionnaire lifestyle: Health-Promoting Lifestyle Profile II (HPLP II)

4

Description
Risk of Elder Abuse
Timepoint
6 month
Method of measurement
SCARED tool

Secondary outcomes

1

Description
social support
Timepoint
before intervention and 3 month after intervention
Method of measurement
Personal Resource Questionnaire 85- Part 2(PRQ 85 part2)

2

Description

Self Efficacy

Timepoint

before intervention and 3 month after intervention

Method of measurement

questionnairGeneral Self Efficacy(GSE)

3

Description

Life Style

Timepoint

before intervention and 3 month after intervention

Method of measurement

questionnair HPLP2

4

Description

Risk of Elder Abuse

Timepoint

before intervention and 3 month after intervention

Method of measurement

SCARED tool

Intervention groups

1

Description

Intervention will apply only to the intervention group. The intervention group of 22 home health selected from22 municipalities in 22 regions. Educational content includes knowledge of old age, familiarity threats and risk factors, age, physical activity in old age, healthy nutrition, social, physical, mental and spiritual - mental and leisure that will run only for the intervention group. Educations in ten 45-minute sessions based on adult learning strategies based on educational technology and methods such as lectures, questions and answers and problem-solving also will use. In addition to its educational content to CD, manuals and pamphlets will be distributed in.

Category

Lifestyle

2

Description

None of the interventions applied for the intervention group during the study will be applied to the control group. After completion of data collection, research and education designed to control will be implemented.

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Welenjak Health House

Full name of responsible person

Aging Expert

Street address

Daneshjo Blvd, Golrizan Park

City

Tehran

2

Recruitment center

Name of recruitment center

Saadat Abad Health House

Full name of responsible person

Aging Expert

Street address

Pardis salamat, Hagh Talab Ave, Saadat Abad

City

Tehran

3

Recruitment center

Name of recruitment center

Dehe Vanak Health House

Full name of responsible person

Aging Expert

Street address

St Shahid Majidpoor, Sq Dehe Vanak

City

Tehran

4

Recruitment center

Name of recruitment center

Pasdaran Health House

Full name of responsible person

Aging Expert

Street address

No 106, 8th Negarstan, Pasdaran

City

Tehran

5

Recruitment center

Name of recruitment center

Ekbatan Health House

Full name of responsible person

Aging Expert

Street address

Between Phase 1&2, Basij Sq, Behind the Municipal District 6, Ebatan Saraye Mohaleh, Ekbatan

City

Tehran

6

Recruitment center

Name of recruitment center

Enghelab Health House

Full name of responsible person

Aging Expert

Street address
Groun Floor, Municipal District 6 Bldg, Fallahpoor Alley, Sepahbod Gharani Ave
City
Tehran

7

Recruitment center
Name of recruitment center
Bahar Health House
Full name of responsible person
Aging Expert
Street address
Bahar Ave, Khodaparast St, Joharchi, Oatad Lorzadeh Bostan, Saraye Mahaleh
City
Tehran

8

Recruitment center
Name of recruitment center
Haft House Health House
Full name of responsible person
Aging Expert
Street address
Narmak Sq, Post Office Near, Narmak
City
Tehran

9

Recruitment center
Name of recruitment center
Ostad Moeen Health House
Full name of responsible person
Aging Expert
Street address
Near Shahre Ketab, Almahdi Park, Azadi Sq
City
Tehran

10

Recruitment center
Name of recruitment center
Haft Chenar Health House
Full name of responsible person
Aging Expert
Street address
Shahid Arabi St, HaftChenar Saraye Mahaleh
City
Tehran

11

Recruitment center
Name of recruitment center
Heala Ahmar Health House
Full name of responsible person
Aging Expert
Street address
No 106, Rah paima St, Helal Ahmar Ave
City
Tehran

12

Recruitment center
Name of recruitment center
Shahrdari Ferdosi Health House
Full name of responsible person
Aging Expert
Street address
Bank Alley, Ferdosi Ave, Emam Khomaini Sq
City
Tehran

13

Recruitment center
Name of recruitment center
Mosafer Health House
Full name of responsible person
Aging Expert
Street address
Damavand Ave, East Terminal
City
Tehran

14

Recruitment center
Name of recruitment center
Dolab Health House
Full name of responsible person
Aging Expert
Street address
Amir Solymanieh St, Khavaran Ave, Khorasan Sq
City
Tehran

15

Recruitment center
Name of recruitment center
Khavaran Health House
Full name of responsible person
Aging Expert
Street address
Kavaran Farhangsara, Kavaran Ave
City
Tehran

16

Recruitment center
Name of recruitment center
Khazaneh Health House
Full name of responsible person
Aging Expert
Street address
Parastoie St, kazaneh Saraye Mahaleh
City
Tehran

17

Recruitment center
Name of recruitment center
Sajjad Health House
Full name of responsible person
Aging Expert
Street address
Abozar St, Behbodi Ave
City
Tehran

18

Recruitment center
Name of recruitment center
Daneshjo Health House
Full name of responsible person
Aging Expert
Street address
Enghelab Collage, Moaalem Sq
City
Tehran

19

Recruitment center
Name of recruitment center
Sardaran-E Shahid Health House
Full name of responsible person
Aging Expert
Street address
Sardaran Shahid Sport Bldg, Shokri St, End of Dolatkhah
City
Tehran

20

Recruitment center
Name of recruitment center
Hamzeh Abad Health House
Full name of responsible person
Aging Expert
Street address
North East of Hamzeh Abad
City
Tehran

21

Recruitment center
Name of recruitment center
Hamkar Health House
Full name of responsible person
Aging Expert
Street address
Municipal Area 20, Tehransar
City
Tehran

22

Recruitment center
Name of recruitment center
Ziba Dasht Health House
Full name of responsible person
Aging Expert
Street address
In Front of 17 St, Sahel Ave, Dehkadeh Blv, Afra Park
City
Tehran

23

Recruitment center
Name of recruitment center
Farmanieh Health House
Full name of responsible person
Aging Expert
Street address
Nobonyad Sq, Sharak Shahid Chamran
City
Tehran

24

Recruitment center
Name of recruitment center
Satarkhan Health House
Full name of responsible person
Aging Expert
Street address
No 14, 6 Alley, Niro St, Satarkhan
City
Tehran

25

Recruitment center
Name of recruitment center
Beheshteh Madaran Health House
Full name of responsible person
Aging Expert
Street address
Jolfa St, Behashteh Madaran Sq
City
Tehran

26

Recruitment center
Name of recruitment center
Shemran no Health House
Full name of responsible person
Aging Expert
Street address
Hengam Ave, Resalat Sq, Alghadir Park
City
Tehran

27

Recruitment center
Name of recruitment center
Hesarak Health House
Full name of responsible person

Aging Expert

Street address

Tohid Ave, Simon Bolivar St, Shorayari Office

City

Tehran

28

Recruitment center

Name of recruitment center

Jehan Ara Health House

Full name of responsible person

Aging Expert

Street address

No 3, 59 Alley, End of Jehan Ara St

City

Tehran

29

Recruitment center

Name of recruitment center

Kaj Health house

Full name of responsible person

Aging Expert

Street address

Kaj St, Shariati Ave, In Front of Khanvadeh Hospital

City

Tehran

30

Recruitment center

Name of recruitment center

Shaghayegh Health House

Full name of responsible person

Aging Expert

Street address

Baghery High way, Near Emam Bagher Mousq

City

Tehran

31

Recruitment center

Name of recruitment center

Shamshiri Health House

Full name of responsible person

Aging Expert

Street address

Maleki St, shamshiri Ave, Near Shamshiri Park

City

Tehran

32

Recruitment center

Name of recruitment center

Beryanak Health House

Full name of responsible person

Aging Expert

Street address

Davati St, First of Khosh, Shahid Arab St, Saraye mahaleh Beryanak

City

Tehran

33

Recruitment center

Name of recruitment center

Monoriyeh Health House

Full name of responsible person

Aging Expert

Street address

No 95, Floor 4, Moayeri St, Monoriyeh Sq

City

Tehran

34

Recruitment center

Name of recruitment center

Golshan Health House

Full name of responsible person

Aging Expert

Street address

Shahid Mosavi Kyani Alley, 15 khordad St

City

Tehran

35

Recruitment center

Name of recruitment center

Dehghan Health House

Full name of responsible person

Aging Expert

Street address

End of 21 Mertri Dehghan, pirozi Ave

City

Tehran

36

Recruitment center

Name of recruitment center

Khavaran Health House

Full name of responsible person

Aging Expert

Street address

Ajab Gol St, 17 Shahrivar Ave, Shohada Sq

City

Tehran

37

Recruitment center

Name of recruitment center

North Afsariyeh Health House

Full name of responsible person

Aging Expert

Street address

35 St, Between Afsariyeh High Way and First 15 Metri

City

Tehran

38

Recruitment center
Name of recruitment center
Besat Health House
Full name of responsible person
Aging Expert
Street address
zanganeh St, After Zanganeh Day Market
City
Tehran

39

Recruitment center
Name of recruitment center
Jalili Health House
Full name of responsible person
Aging Expert
Street address
Agha Yari St, Jalili Sq
City
Tehran

40

Recruitment center
Name of recruitment center
Hamkar Health House
Full name of responsible person
Aging Expert
Street address
Municipal Area 18
City
Tehran

41

Recruitment center
Name of recruitment center
Resalat Health House
Full name of responsible person
Aging Expert
Street address
Shahid Davood St, Behashte Zahra High Way, saleh Abad Sharak
City
Tehran

42

Recruitment center
Name of recruitment center
Shahid Ghayori Health House
Full name of responsible person
Aging Expert
Street address
salehi Alley, Ghayori St, Varamin Serah
City
Tehran

43

Recruitment center
Name of recruitment center
Vila Shar Health House
Full name of responsible person
Aging Expert
Street address
Deghban Park, Vila Shahr Shahrak
City
Tehran

44

Recruitment center
Name of recruitment center
Rihan Health House
Full name of responsible person
Aging Expert
Street address
Alzahra Sport Salon, Hemat High Way, Shahid Bagheri shahrak
City
Tehran

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Tehran University of Medical Science, Vice chancellor for research
Full name of responsible person
Dr. Masoud Yunesian
Street address
Central Buildig of Tehran University of Medical Science, Intersection Ghods, Keshavarz Blvd
City
Tehran
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Tehran University of Medical Science, Vice chancellor for research
Proportion provided by this source
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

2

Sponsor
Name of organization / entity
Community Based Participatory Research Center, Iranian Institute for Reduction of High-Risk Behavior

Full name of responsible person
Dr. Rajabi
Street address
7 Floor, Gol Bldg, North Kargar St, Intersection Keshavarz Blvd
City
Tehran
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Community Based Participatory Research Center, Iranian Institute for Reduction of High-Risk Behavior
Proportion provided by this source
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

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Fatemeh Estebsari
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Person responsible for scientific inquiries

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Postal code
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Web page address

Person responsible for updating data

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Other areas of specialty/work
Street address
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Postal code
Phone
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Email
fa_estebsari@yahoo.com
Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty