Clinical Trial Protocol
Iranian Registry of Clinical Trials

07 Nov 2026

Study of social work intervention with Satir communication family therapy approach effectiveness on healing codependency of substance abuser's

Protocol summary

Summary

The aim of this study is to study of social work intervention with satir communication family therapy approach effectiveness on healing codependency of substance abuser's. This study is a randomized clinical trial with control group and will be implemented as a pre-test,post-test and follow up(3 month). 62Client from drug abusers' family members, will be selected with convenient sampling from centers of treatment addiction of charity rebirth society in Tehran, and will be located randomly in two intervention and Control groups. Intervention will be held as family therapy sessions for intervention group based on Satir communicationy approach in 7 sessions of 60-90 minutes ,per week one sessions and control group will not receive intervention. Holyoake Codependency Index (HCI) will be completed in 3 steps, pretest, post test and follow up in two groups. The main outcome in this study is healing of co-dependency after the intervention and Continuity in 3 month follow up.

General information

Acronym

SFT

IRCT registration information

IRCT registration number: **IRCT2015021721113N1**
Registration date: **2015-06-13, 1394/03/23**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2015-06-13, 1394/03/23

Registrant information

Name

Fatemeh Karimi Ahmadabadi

Name of organization / entity

University of Social Welfare and Rehabilitation Sciences

Country

Iran (Islamic Republic of)

Phone

+98 33 5227 2709

Email address

fa.karimi@uswr.ac.ir

Recruitment status

Recruitment complete

Funding source

University of Social Welfare and Rehabilitation Sciences

Expected recruitment start date

2014-06-21, 1393/03/31

Expected recruitment end date

2014-11-22, 1393/09/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Study of social work intervention with Satir communication family therapy approach effectiveness on healing codependency of substance abuser's

Public title

Study of Satir communication family therapy approach effectiveness on healing codependency

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: Having at least a drug abuser in family; Not Sabstanse abuser; willingness to participate in the

study; willingness Other members of family to participate in family therapy session, Diagnosis co-dependency on the Base questionnaire (earn score of high co-dependency, 40-65). Exclusion criteria: Unwillingness to continue the study; concomitant use of other family interventions and other interventions for treatment codependency; participate in less than two-thirds of family therapy.

Age
No age limit

Gender
Both

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **62**

Randomization (investigator's opinion)
Randomized

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Ethics committee of University of Social Welfare and Rehabilitation Sciences

Street address
Koodakyar Alley, Daneshjoo Blvd, Evin

City
Tehran

Postal code
1985713834

Approval date
2014-07-21, 1393/04/30

Ethics committee reference number
93/801/2/10185/Ī

Health conditions studied

1

Description of health condition studied
codependency

ICD-10 code
Z82.8

ICD-10 code description
Family history of other disabilities and chronic diseases leading to disablement, not elsewhere classified

Primary outcomes

1

Description
Codependency

Timepoint
Before, after & three month after executing intervention

Method of measurement
Holyooke Codependency Index

Secondary outcomes

1

Description
External focous

Timepoint
Before, after & three month after executing intervention

Method of measurement
Holyoake Codependency Index

Intervention groups

1

Description
intervention group in addition to the usual services of Charity rebirth society center, will ressive family therapy sessions base on Satir communicationy approach in 7 sessions of (60-90)minutes ,per week one sessions. Content of intervention is base on Satir Communication Family Therapy techniques include (metaphors, stances of communication, reconstruction of family and family plans, ropes).

Category
Treatment - Other

2

Description
The control group will receive usual services of Charity rebirth society center.

Category
Other

Recruitment centers

1

Recruitment center

Name of recruitment center
Clinical Social work Faraz

Full name of responsible person
Mahboubeh Abbasi

Street address
Street Enghelab – between four-way of Vali-asr and

Hafez - corner Razi- Building 1134 - No. 1034 - First 1 - Unit 8.

City

Tehran

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

University of Social Welfare and Rehabilitation Sciences

Full name of responsible person

Fatemeh Karimi Ahmadabadi

Street address

Koodakyar Alley, Daneshjoo Blvd, Evin

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Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

University of Social Welfare and Rehabilitation Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

University of Social Welfare and Rehabilitation Sciences

Full name of responsible person

Fatemeh Karimi Ahmadabadi

Position

MS student of Social Work

Other areas of specialty/work

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Person responsible for scientific inquiries

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary	*empty*