Clinical Trial Protocol
Iranian Registry of Clinical Trials

07 Nov 2026

Impact of spiritual interventions, designed based on five items of Richard& Bergin's Theistic spiritual strategies, on family function and sense of coherence of cancer patients caregivers.

Protocol summary

Summary

Study aimed to determine the impact of Spiritual intervention on family functioning and sense of coherence in the caregivers of patients with cancer, and based on five items of Richard& Bergin's Theistic spiritual strategies, that includes prayer, spiritual connection and visualization techniques, the Compassionate, in consultation with religious leaders, using intuition and inspiration combined with four connection with God, self, others and nature designed . In order to gather information, after the establishment in shariati hospital, and research samples selection based inclusion criteria, the samples were randomly divided into two intervention and control groups. Then questionnaires in three stages before the spiritual intervention , immediately after the 6 meeting spiritual intervention and a month after the intervention by the participants in the study will be completed in two groups. spiritual intervention is done during the 6 meeting in small groups caregivers having a person with cancer in family; passing at least two months and maximum 6 months from the time of diagnosis.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016110730758N1**
Registration date: **2017-06-05, 1396/03/15**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2017-06-05, 1396/03/15

Registrant information

Name

Zahra Momeni Keleshteri

Name of organization / entity

Shahid beheshti school of nursing and midwifery

Country

Iran (Islamic Republic of)

Phone

+98 44044735

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Recruitment status

Recruitment complete

Funding source

Research assistant of shahid beheshti University of medical sciences

Expected recruitment start date

2016-12-05, 1395/09/15

Expected recruitment end date

2017-02-03, 1395/11/15

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Impact of spiritual interventions, designed based on five items of Richard& Bergin's Theistic spiritual strategies, on family function and sense of coherence of cancer patients caregivers.

Public title

Impact of spiritual interventions on family function and sense of coherence

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria: Having a person with cancer in family;

passing at least two months and maximum 6 months from the time of diagnosis. Exclusion criteria: Patients with recurrent disease.

Age
From **77 years** old

Gender
Both

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **66**

Randomization (investigator's opinion)
Randomized

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Shahid Beheshti School of Nursing and Midwifery Ethics Committee

Street address
School of Nursing & Midwifery, Vali Asr Ave, Niayesh Cross Road, Tehran, Iran

City
Tehran

Postal code
1985717443

Approval date
2016-07-18, 1395/04/28

Ethics committee reference number
IR.SBMU.PHNM.1395.467

Health conditions studied

1

Description of health condition studied
Cancer

ICD-10 code
C00-C97

ICD-10 code description
Malignant neoplasms

Primary outcomes

1

Description
Family Function

Timepoint
Before intervention& after intervention& one month after intervention

Method of measurement
Family Assesment Device(FAD)

2

Description
Sence of Coherence

Timepoint
Before intervention& after intervention& one month after intervention

Method of measurement
SOC-13

Secondary outcomes

empty

Intervention groups

1

Description
Intervention group: Spiritual intervention is done during the 6 meeting in small groups of 11 caregivers. every week a meeting will be held on certain days.The duration of each session is 45 to 60 minutes.

Category
Lifestyle

2

Description
Control group: Do not receive any intervention, after the end of the study they are given educational booklets.

Category
Lifestyle

Recruitment centers

1

Recruitment center

Name of recruitment center
Shariati Hospital

Full name of responsible person
Zahra Momeni

Street address
Shariati Hospital, Jalal Ale Ahmad Hwy, Tehran, Iran

City
Tehran

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Vice Chancellor for research of of Shahid Beheshti University of Medical Sciences

Full name of responsible person
Vice Chancellor for research of of Shahid Beheshti University of Medical Sciences

Street address
Near the Ayatollah Taleghani Hospital, Shahid Erabi Street, Yaman Strret, Shahid Chamran Highway, Tehran

City
Tehran

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
Vice Chancellor for research of of Shahid Beheshti University of Medical Sciences

Proportion provided by this source
100

Public or private sector
empty

Domestic or foreign origin
empty

Category of foreign source of funding
empty

Country of origin

Type of organization providing the funding
empty

Person responsible for general inquiries

Contact

Name of organization / entity
Shahid Beheshti School of Nursing & Midwifery

Full name of responsible person
Zahra Momeni

Position
Nurse

Other areas of specialty/work

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty

Study Protocol
empty

Statistical Analysis Plan
empty

Informed Consent Form
empty

Clinical Study Report
empty

Analytic Code
empty

Data Dictionary

empty