Clinical Trial Protocol
Iranian Registry of Clinical Trials

07 Nov 2026

The Effect of Sex Education on Sexual Function in Women with a History of Childhood Abuse

Protocol summary

Summary

The aim of this study was to determine the effect of sexual education on sexual function of women with a history of sexual maltreatment in childhood. Subsequently, 6 subscales of sexual function based on Female Sexual Function Index Questionnaire before, 1, 2 and 3 months after the end Intervention between two groups of test and control will be compared. This study was conducted on 72 married women aged 45-18 years old, with reading and writing skills, without mental and physical illness, as described by Childhood Trauma Questionnaire, a history of sexual maltreatment in a childhood with a mildly upward And a history of other aspects of mistreatment are modest to low. Pregnancy, stressful incidents and lack of participation in educational classes are the criteria for leaving the study. Sampling based on complete the questionnaires of study Respectively Demographic questionnaire and Female Sexual Function Index questionnaire.After approvement of Sexual dysfunction the Childhood Trauma Questionnaire was completed Then, the sample size was divided into two groups of 36 participants of test and control. The intervention in test group was performed as 4 sessions of 12 people and 90 minutes using audio and video tools for successive weeks. Finally, Female Sexual Function Index questionnaire was used to examine the effect of training on 1, 2 and 3 months after the last session of the training is completed by samples from both groups.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016120731293N1**
Registration date: **2017-10-03, 1396/07/11**
Registration timing: **registered_while_recruiting**
Last update:
Update count: **0**

Registration date

2017-10-03, 1396/07/11

Registrant information

Name
Amineh Mokhtari
Name of organization / entity
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Recruitment status

Recruitment complete

Funding source

Iran University of Medical Sciences

Expected recruitment start date

2016-12-15, 1395/09/25

Expected recruitment end date

2017-10-17, 1396/07/25

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effect of Sex Education on Sexual Function in Women with a History of Childhood Abuse

Public title

Effect of Sex Education on Women's sexual Function

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria: Have a reading and writing experience; Being married in Iran; Passing for at least one year from common life; Failure to have major medical and psychiatric illnesses registered in a medical record; A person who has no history of gynecological surgery includes a variety of genital surgeries and types of Breast surgery; No previous participation in sex education classes; Non-addicted couples; to missing material Person with disabling or severe illness in the family; No stress-related experiences during the last 6 months; Availability of the unit in the next month; Having a Sexual Function score less than 28 before intervention; Having physical and emotional abuse and neglect less than severe limit; Having sexual abuse above than mild limit;Last sexual abuse in 15 years olld; Women aged 45-18 yearsold AND Exclusion criteria: The occurrence of pregnancy in theone or two months after the intervention; stressful experiences occurring during the intervention; Absence of more than one session Of the training sessions; Absence of the third session

Age
From **18 years** old to **45 years** old

Gender
Female

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **72**

Randomization (investigator's opinion)
Randomized

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Iran University of Medical Science

Street address
Iran University of Medical Science, Near Milad tower, Hemat Highway

City
Tehran

Postal code
1449614535

Approval date
2016-09-26, 1395/07/05

Ethics committee reference number
IR.IUMS.REC 1395.9311373029

Health conditions studied

1

Description of health condition studied
History of Child Sexual abuse

ICD-10 code
Z61.5

ICD-10 code description
Problems related to alleged sexual abuse of child by person outside primary support group

2

Description of health condition studied
Sexual Education

ICD-10 code
Z70.8

ICD-10 code description
Other sex counselling

Primary outcomes

1

Description
SExual Function

Timepoint
Befor Intervention

Method of measurement
FSFI Questionier

2

Description
Child Abuse History

Timepoint
Befor Intervention

Method of measurement
CTQ Questionier

Secondary outcomes

1

Description
Sexual Function

Timepoint
1, 2 & 3 month afer intervention

Method of measurement
FSFI Questionier

Intervention groups

1

Description
Intervention group: Sexual education as 4 sessions of a

group of 12 people, every 90 minutes, using the lecture method and the use of educational aids, pictures and videos, brochures and delivery of booklets and educational CDs.

Category

Lifestyle

2

Description

delivery of booklets and educational CDs after endding of study

Category

Lifestyle

Recruitment centers

1

Recruitment center

Name of recruitment center

Shahid Akbar Abadi Hospital

Full name of responsible person

Amineh Mokhtari

Street address

17/5000 Ferdows Gardens Station, Not reaching Molavi Crossing, Molani Street

City

Tehran

2

Recruitment center

Name of recruitment center

Firouzabadi Hospital

Full name of responsible person

Amineh Mokhtari

Street address

Oruji, Varamin three ways, Fadaian eslam street, Shahre rey

City

shahre rey

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Iran University of Medical Sciences

Full name of responsible person

Mrs. Jahdi

Street address

Near Milad tower, Hemat Highway

City

Tehran

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Iran University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Iran University of Medical Sciences

Full name of responsible person

Amineh Mokhtari

Position

Student of Master of Midwifery

Other areas of specialty/work

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Other areas of specialty/work

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty