Clinical Trial Protocol
Iranian Registry of Clinical Trials

08 Nov 2026

The effect Of Spiritual Consultation On The psychosocial adjustment in patients with Cancer

Protocol summary

Study aim
Determining the effect Of Spiritual Consultation On The psychosocial adjustment in patients with Cancer
Design
A randomised trial with two groups of intervention and a control group, community-based and pragmatic, with parallel groups
Settings and conduct
This study will be performed on cancer patients in Hamedan. Participants are randomly divided into equal intervention and control groups. 8 sessions of spiritual counseling are provided for members of the intervention group.
Participants/Inclusion and exclusion criteria
Entry requirements: Cancer disease Non-entry terms: Being in the end stage of cancer disease
Intervention groups
Intervention group: The spiritual counseling, which is based on Islamic approach will be conducted in individual sessions for a period of 45 to 60 minutes in 8 sessions. Control group: The control group will receive only routine nursing care at the hospital and will not receive counseling.
Main outcome variables
Psychosocial adjustment

General information

Reason for update
Acronym
IRCT registration information
IRCT registration number: **IRCT20180115038377N3**
Registration date: **2018-07-14, 1397/04/23**
Registration timing: **registered_while_recruiting**

Last update: **2018-07-14, 1397/04/23**
Update count: **0**
Registration date
2018-07-14, 1397/04/23

Registrant information
Name
shadi asgari
Name of organization / entity
Country
Iran (Islamic Republic of)
Phone
+98 81 3222 6958
Email address
sh.asgari@umsha.ac.ir

Recruitment status
Recruitment complete
Funding source

Expected recruitment start date
2018-06-22, 1397/04/01
Expected recruitment end date
2018-08-23, 1397/06/01
Actual recruitment start date
empty
Actual recruitment end date
empty
Trial completion date
empty

Scientific title
The effect Of Spiritual Consultation On The psychosocial adjustment in patients with Cancer

Public title
The effect Of Spiritual Consultation On The psychosocial adjustment in patients with Cancer
Purpose
Supportive
Inclusion/Exclusion criteria
Inclusion criteria:
All patients with passing at least 4 months of diagnosis. the ability to talk Being Muslim and Shiia
Exclusion criteria:

being at the end stage of the cancer

Age
From **18 years** old to **80 years** old

Gender
Both

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **70**

Randomization (investigator's opinion)
Randomized

Randomization description
Patients will be divided into two intervention and control groups with using the table of random numbers.

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Ethics Committee of Hamadan University of Medical Sciences

Street address
Hamadan University of Medical Sciences, Facing the Mardom Park, Hamedan Town

City
Hamadan

Province
Hamadan

Postal code
6571915457

Approval date
2018-06-09, 1397/03/19

Ethics committee reference number
IR.UMSHA.REC.1397.170

Health conditions studied

1

Description of health condition studied
Cancer

ICD-10 code
C80.0

ICD-10 code description
Disseminated malignant neoplasm, unspecified

Primary outcomes

1

Description
Psychosocial adjustment

Timepoint
The first stage, before the start of the intervention, and the second stage 8 weeks after the intervention

Method of measurement
Psychosocial Adjustment with Illness Scale

Secondary outcomes

empty

Intervention groups

1

Description
Intervention group: The spiritual counseling, which is based on Islamic approach will be conducted in individual sessions for a period of 45 to 60 minutes in 8 sessions.

Category
Other

2

Description
Control group: The control group will receive only routine care at the hospital and do not receive counseling.

Category
Other

Recruitment centers

1

Recruitment center

Name of recruitment center
Shahid Beheshti Hospital

Full name of responsible person
Mohammad Abbasi

Street address
Shahid Beheshti Hospital, Ghaem sqr, Hamadan

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Shahidbeheshti@umsha.ac.ir

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Hamedan University of Medical Sciences

Full name of responsible person
Saeid Bashirian

Street address
Hamadan University of Medical Sciences, Facing the Mardom Park, Hamedan Town

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s_bashirian@yahoo.com

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
Hamedan University of Medical Sciences

Proportion provided by this source
100

Public or private sector
Public

Domestic or foreign origin
Domestic

Category of foreign source of funding
empty

Country of origin

Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact

Name of organization / entity
Hamedan University of Medical Sciences

Full name of responsible person
Shadi Asgari

Position
Nursing instructor

Latest degree
Master

Other areas of specialty/work
Nursery

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Person responsible for updating data

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available