Clinical Trial Protocol
Iranian Registry of Clinical Trials

07 Nov 2026

Evaluation of the effectiveness of colistin / rifampin compared to colistin / meropenem in the treatment of ventilator-associated pneumonia (VAP) due to carbapenem-resistant Acinetobacter baumannii: a randomized, controlled clinical trial

Protocol summary

Study aim

1.Determining the number of treatments, clinical improvement and treatment failure (clinical response) in the experimental group after treatment 2. Determining the number of treatments, clinical improvement and treatment failure (clinical response) in the control group after treatment 3. Comparison 1 and 2 4. Determining the number of cases of microbial eradication and microbial failure (microbiological response) in the experimental group after treatment Determining the number of other microbial cases and microbial failure (microbiological response) in the control group after treatment 6. Compare 4 and 5 7. Determining the index of clinical score of lung infection (clinical score of lung infection [CPIS]) in the experimental group before and after the intervention

Design

Two arm parallel group randomized controlled clinical trial. Online randomization program will be used for randomization.

Settings and conduct

This study will be a randomized and controlled clinical trial. Patients are selected from the intensive care unit (ICU) of Al-Zahra, Amin and Ayatollah Kashani hospitals in Isfahan. Adults with ventilator-associated pneumonia (VAP) are evaluated for inclusion in the study.

Participants/Inclusion and exclusion criteria

Age over 18 years Under mechanical ventilation (intubation) for more than 48 hours VAP diagnosis Growth of carbapenem-resistant Acetobacter baumannii (Meropenem) in culturing lung secretions

Intervention groups

Experimental group: colistin (4.5 MU IV q12h) + rifampin (300 mg PO q12h) Control group: colistin (4.5 MU IV q12h) + meropenem (1 g IV q8h)

Main outcome variables

Clinical response (cure, improvement, or failure) CPIS score

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20150721023282N22**
Registration date: **2022-07-24, 1401/05/02**
Registration timing: **prospective**

Last update: **2022-07-24, 1401/05/02**
Update count: **0**

Registration date

2022-07-24, 1401/05/02

Registrant information

Name
Rasool Soltani
Name of organization / entity
Isfahan University of Medical Sciences
Country
Iran (Islamic Republic of)
Phone
+98 31 3792 7067
Email address
soltani@pharm.mui.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2022-08-23, 1401/06/01

Expected recruitment end date

2023-09-23, 1402/07/01

Actual recruitment start date
empty
Actual recruitment end date
empty
Trial completion date
empty

Scientific title
Evaluation of the effectiveness of colistin / rifampin compared to colistin / meropenem in the treatment of ventilator-associated pneumonia (VAP) due to carbapenem-resistant Acinetobacter baumannii: a randomized, controlled clinical trial

Public title
Comparison of colistin / rifampin combination with colistin / meropenem combination in the treatment of ventilator-dependent upper respiratory tract (VAP) induced by Acinetobacter: a randomized controlled clinical trial
Purpose
Treatment
Inclusion/Exclusion criteria
Inclusion criteria:
Age over 18 years Under mechanical ventilation (intubation) for more than 48 hours VAP diagnosis Growth of carbapenem (meropenem)-resistant Acinetobacter baumannii in the lung secretions culture
Exclusion criteria:
Pregnancy Lactation Sensitivity to meropenem, colistin, or levofloxacin Acute Respiratory Distress Syndrome Active pulmonary tuberculosis
Age
From **18 years** old
Gender
Both

Phase
2-3
Groups that have been masked
No information
Sample size
Target sample size: **42**
Randomization (investigator's opinion)
Randomized
Randomization description
Simple randomization was used for patients' allocation to the groups. For this, an online random number generator is used (available at: https://www.random.org/sequences) so that even and odd numbers will be considered for experimental and placebo groups, respectively, and each patient, after inclusion, will be assigned to the related group according to the determined sequence.
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Parallel
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Ethics committee of Isfahan University of Medical Sciences
Street address
Hezar-Jerib Ave
City
Isfahan
Province
Isfehan
Postal code
8174673461
Approval date
2022-07-02, 1401/04/11
Ethics committee reference number
IR.MUI.MED.REC.1401.146

Health conditions studied

1

Description of health condition studied
Ventilator-induced pneumonia
ICD-10 code
J95.851
ICD-10 code description
Ventilator associated pneumonia

Primary outcomes

1

Description
Clinical Response (defined as cure or improvement or treatment failure)
Timepoint
End of intervention
Method of measurement
Clinical judgment by the observation of the patient

Secondary outcomes

1

Description
Clinical Pulmonary Infection Score (CPIS)
Timepoint
Before and after the intervention
Method of measurement
Questionnaire - Clinical Pulmonary Infection Scoring System

2

Description
Mortality rate during the intervention
Timepoint
The end of intervention
Method of measurement
Counting

Intervention groups

1

Description
Intervention group: colistin (Product of Exir pharmaceutical company , 4.5 MU IV q12h) + rifampin (Product of Hakim Pharmaceutical Company , 300 mg PO q12h), for 10 days
Category
Treatment - Drugs

2

Description
Control group: colistin (Product of Exir pharmaceutical company , 4.5 MU IV q12h) + meropenem (Product of Exir pharmaceutical company ,1 g IV q8h), for 10 days
Category
Treatment - Drugs

Recruitment centers

1

Recruitment center
Name of recruitment center
Al-Zahra Hospital
Full name of responsible person
Dr. Rasool Soltani
Street address
Isfahan, Sefeh St., Al-Zahra Hospital
City
Isfahan
Province
Isfehan
Postal code
8174675731
Phone
+98 31 3620 2020
Email
soltani@pharm.mui.ac.ir

2

Recruitment center
Name of recruitment center
Kashani Hospital
Full name of responsible person
Dr. Rasool Soltani
Street address
Ayatollah Kashani St., Ayatollah Kashani Hospital
City
Isfahan
Province
Isfehan
Postal code
8343481839
Phone
+98 31 3233 0091
Email
soltani@pharm.mui.ac.ir

3

Recruitment center
Name of recruitment center
Amin Hospital of Isfahan
Full name of responsible person
Dr. Rasool Soltani
Street address
Ibn Sina St., Sonbulistan Alley, Amin Hospital
City
Isfahan
Province
Isfehan
Postal code
8148653141
Phone
+98 31 3445 5051
Email
soltani@pharm.mui.ac.ir

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Esfahan University of Medical Sciences
Full name of responsible person
Shaghayegh Haghjooy Javanmard
Street address
Hezar-Jerib Avenue, Isfahan University of Medical Sciences
City
Isfahan
Province
Isfehan
Postal code
8174673461
Phone
+98 31 3668 0048
Email
reasearch@mui.ac.ir
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Esfahan University of Medical Sciences
Proportion provided by this source
100
Public or private sector
Public

Domestic or foreign origin
Domestic
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact
Name of organization / entity
Esfahan University of Medical Sciences
Full name of responsible person
Rasool Soltani
Position
professor
Latest degree
Specialist
Other areas of specialty/work
Clinical Pharmacy
Street address
Faculty of Pharmacy, Hezar-Jerib Ave
City
Isfahan
Province
Isfehan
Postal code
8174673461
Phone
+98 31 3792 7067
Email
soltani@pharm.mui.ac.ir

Person responsible for scientific inquiries

Contact
Name of organization / entity
Esfahan University of Medical Sciences
Full name of responsible person
Rasool Soltani
Position
Professor
Latest degree
Specialist
Other areas of specialty/work
Clinical Pharmacy
Street address
Faculty of Pharmacy, Hezar-Jerib Ave
City
Isfahan
Province
Isfehan
Postal code
8174673461
Phone
+98 31 3792 7067
Fax
+98 31 3668 0011
Email
soltani@pharm.mui.ac.ir

Person responsible for updating data

Contact
Name of organization / entity
Esfahan University of Medical Sciences
Full name of responsible person
Rasool Soltani
Position
Professor
Latest degree
Specialist
Other areas of specialty/work
Clinical Pharmacy
Street address
Faculty of Pharmacy, Hezar-Jerib Ave
City
Isfahan
Province
Isfehan
Postal code
8174673461
Phone
+98 31 3792 7067
Email
soltani@pharm.mui.ac.ir

Sharing plan

Deidentified Individual Participant Data Set (IPD)
No - There is not a plan to make this available
Justification/reason for indecision/not sharing IPD
En Confidentiality of patients data
Study Protocol
Undecided - It is not yet known if there will be a plan to make this available
Statistical Analysis Plan
Undecided - It is not yet known if there will be a plan to make this available
Informed Consent Form
Undecided - It is not yet known if there will be a plan to make this available
Clinical Study Report
Undecided - It is not yet known if there will be a plan to make this available
Analytic Code
Undecided - It is not yet known if there will be a plan to make this available
Data Dictionary
Undecided - It is not yet known if there will be a plan to make this available