Clinical Trial Protocol
Iranian Registry of Clinical Trials

08 Nov 2026

Comparison the effect of face to face and telephone counseling on women sexual satisfaction in Ahvaz,Iran

Protocol summary

Summary

Objective: Comparison of telephone and face to face counseling on women sexual satisfaction Method: Randomized clinical trial with single blind Group Population: All married women referred to health care facilities of Ahvaz University of Medical Sciences Inclusion criteria: Married women, at least 1 to 5 years have passed their marriage, sexual dissatisfaction with the initial test and having cell phone Exclusion criteria: history of any illness that may affect sexual function, pregnancy and recent death of a family member Sample: 23 patients in each group (face-to-face counseling and telephone counseling) Intervention: In face to face group we have 4 weeks of sexual counseling, that each week we would have one session of face to face counseling. In telephone counseling group we have 4 weeks of counseling by cell phone each week. Two groups would be free for more counseling. Sexual satisfaction questionnaire will be completed before the consultation and one week after intervention for both groups Study outcomes: This study was conducted to determine the effective counseling on women's sexual satisfaction, to established counseling centers in health care facilities.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201109237619N1**
Registration date: **2013-08-18, 1392/05/27**
Registration timing: **registered_while_recruiting**

Last update:
Update count: **0**

Registration date

2013-08-18, 1392/05/27

Registrant information

Name

Shirin Zargar Shoushtari

Name of organization / entity

Ahwaz Jondishapur University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 61 1373 8311

Email address

zargar-s@ajums.ac.ir

Recruitment status

Recruitment complete

Funding source

Ahvaz Jondishapur University of Medical Sciences and Faculty of Arvand International Division

Expected recruitment start date

2013-05-22, 1392/03/01

Expected recruitment end date

2013-08-24, 1392/06/02

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Comparison the effect of face to face and telephone counseling on women sexual satisfaction in Ahvaz,Iran

Public title

Comparison the effect of face to face and telephone counseling on women sexual satisfaction

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:At least 1 to 5 years have passed their marriage؛ Having cell phone؛ Ability to write and read Exclusion criteria: History of any medical condition؛ Well-known sexual diseases affecting sexual function؛ Well-

known cases of mental illness: History of divorce: Recent death of a family member: Well-known sexual disorders in couples: Pregnancy: The premarital sexual abuse or harassment: Addiction to drugs and alcohol

Age
No age limit

Gender
Female

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **46**

Randomization (investigator's opinion)
Randomized

Randomization description

Blinding (investigator's opinion)
Single blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Ahvaz Jondishapur University of Medical Sciences

Street address
Golestan Highway

City
Ahvaz

Postal code

Approval date
2013-05-11, 1392/02/21

Ethics committee reference number
ajums.REC.1392.50

Health conditions studied

1

Description of health condition studied
Other sexual dysfunction, not caused by organic disorder or disease

ICD-10 code
f52.8

ICD-10 code description
f52.8

Primary outcomes

1

Description
Sexual Satisfaction Index

Timepoint
Onset time, 1 month after intervention

Method of measurement
ISS standard questionnaire

Secondary outcomes

empty

Intervention groups

1

Description
Face to Face Counseling

Category
Behavior

2

Description
Telephone Counseling

Category
Behavior

Recruitment centers

1

Recruitment center

Name of recruitment center
N 11, East, Health Center

Full name of responsible person
Shirin Zargar Shoushtari

Street address
Koye Tolab

City
Ahvaz

2

Recruitment center

Name of recruitment center
N 5, West, Health Center

Full name of responsible person
Shirin Zargar Shoushtari

Street address
Kianabad

City
Ahvaz

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Vice chancellor for research, Ahvaz Jundishapour University of Medical Sciences and Faculty of Arvan
Full name of responsible person
Dr Mostafa Feqhi
Street address
Golestan highway
City
Ahvaz
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Vice chancellor for research, Ahvaz Jundishapour University of Medical Sciences and Faculty of Arvan
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
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zargar-s@ajums.ac.ir , shri_zar@yahoo.com
Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty