

Clinical Trial Protocol

Iranian Registry of Clinical Trials

12 Jun 2026

Investigating the effect of the educational intervention on the propensity to have children in married women of reproductive age in Neyshabur city in 2023

Protocol summary

Study aim

The effect of educational intervention on the Childbearing Intention in married women

Design

using a computer-generated random number sequence (www.randomizer.org) with a 1:1 allocation ratio and a block size of 4. Allocation concealment was ensured by using sequentially numbered, opaque, sealed envelopes prepared.96 persson in each group

Settings and conduct

This research conducted in selected comprehensive health centers of Neyshabur , and sampling will be done using a quota method. Participants: all women of reproductive age between 15-49 years , visit comprehensive health centers. After randomly assigning individuals to control and intervention groups, and following the completion of a written informed consent form, a demographic information form and a questionnaire on the tendency toward childbearing will be administered to both groups of women. Then, among women who receive a lower score on the tendency toward childbearing, they will be invited to participate in the study if they wish,

Participants/Inclusion and exclusion criteria

Written informed consent, age 15 to 49 years, Iranian nationality, married, fewer than 4 children, no history of medical conditions, no use of psychoactive drugs, cigarettes, or alcohol, no depression, no disorders that would make pregnancy high-risk, health record.

Intervention groups

Participants in the intervention group received a structured educational program consisting of four 60-minute sessions held over two weeks

Main outcome variables

Tendency toward childbearing / Fertility desire · Interval between marriage and first childbirth · Duration of marriage · Sex of children (or Gender of children) · Type

of delivery (e.g., vaginal / C-section) · Economic status

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20260510069337N1**

Registration date: **2026-05-14, 1405/02/24**

Registration timing: **prospective**

Last update: **2026-05-14, 1405/02/24**

Update count: **0**

Registration date

2026-05-14, 1405/02/24

Registrant information

Name

Mahboobe Gholami

Name of organization / entity

Neyshabur University Of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 51 3733 2137

Email address

gholamim1@nums.ac.ir

Recruitment status

recruiting

Funding source

Expected recruitment start date

2026-06-10, 1405/03/20

Expected recruitment end date

2027-06-10, 1406/03/20

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date
empty

Scientific title
Investigating the effect of the educational intervention on the propensity to have children in married women of reproductive age in Neyshabur city in 2023

Public title
effect of the educational intervention on the propensity to have children

Purpose
Basic science

Inclusion/Exclusion criteria
Inclusion criteria:
Written informed consent age 15 to 49 years, Iranian nationality married, fewer than 4 children no history of medical conditions no use of psychoactive drugs, cigarettes, or alcohol no depression no disorders that would make pregnancy high-risk having a health record.
Exclusion criteria:
unwillingness to continue participating in the research absence from more than one session of the fertility education sessions.

Age
From **15 years** old to **49 years** old

Gender
Female

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **196**

Randomization (investigator's opinion)
Randomized

Randomization description
Eligible and willing participants were randomly assigned to either the intervention or control group using a computer-generated random number sequence (www.randomizer.org) with a 1:1 allocation ratio and a block size of 4. Allocation concealment was ensured by using sequentially numbered, opaque, sealed envelopes prepared by an independent researcher who was not involved in participant recruitment or outcome assessment. The envelopes were opened by a research assistant only after the participant had completed the baseline questionnaire and just before the intervention began

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Other

Other design features

Secondary Ids
empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Neyshabur University of Medical Sciences

Street address

ImamKhomeini27 Avenue

City

Neyshabur

Province

Razavi Khorasan

Postal code

9313867539

Approval date

2026-05-12, 1405/02/22

Ethics committee reference number

IR.NUMS.REC.1403.034

Health conditions studied

1

Description of health condition studied

Fertility Desire

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

Fertility Desire

Timepoint

at baseline, immediately post-intervention, and at three-month follow-up

Method of measurement

Fertility Tendency Questionnaire Enayat

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: The educational content, validated by a panel of ten national experts in population and fertility studies, was based on the Health Belief Model constructs (perceived benefits, perceived barriers, self-efficacy, cues to action). Topics included: disadvantages of single-child families, advantages of having multiple children, benefits of pregnancy and breastfeeding for maternal health, positive impacts of childbearing on family cohesion, and correcting common misconceptions about pregnancy and childbirth risks

Category

Behavior

Recruitment centers

1

Recruitment center

Name of recruitment center

Neyshabur university of Medical Sciences

Full name of responsible person

Mahboobe Gholami

Street address

Imam Khomeini27 Ave

City

Neyshabur

Province

Razavi Khorasan

Postal code

9313867539

Phone

+98 51 4262 7501

Email

gholamim26279@gmail.com

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Neyshabour University of Medical Sciences

Full name of responsible person

Dr. Ali Gholami

Street address

Neyshabur University of Medical Sciences, Moallem Sq., Neyshabur, Khorasan Razavi, I.R. Iran.

City

Neyshabur

Province

Razavi Khorasan

Postal code

14139-93186

Phone

+98 51 4262 7501

Email

gholamim26279@gmail.com

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Neyshabour University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Neyshabour University of Medical Sciences

Full name of responsible person

Mahboobe Gholami

Position

Assistant Professor

Latest degree

Ph.D.

Other areas of specialty/work

Midwifery

Street address

Moallem Sq., Neyshabuq

City

Neyshabur

Province

Razavi Khorasan

Postal code

93186-14139

Phone

+98 51 4262 7505

Email

gholamim26279@gmail.com

Person responsible for scientific inquiries

Contact

Name of organization / entity

Neyshabour University of Medical Sciences

Full name of responsible person

Mahboobe Gholami

Position

Assistant Professor

Latest degree

Ph.D.

Other areas of specialty/work

Midwifery

Street address

Moallem Sq., Neyshabuq

City

Neyshabur

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Razavi Khorasan

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93186-14139

Phone

+98 51 4262 7505

Email

gholamim26279@gmail.com

Person responsible for updating data

Contact

Name of organization / entity

Neyshabour University of Medical Sciences

Full name of responsible person

Mahboobe Gholami

Position

Assistant Professor

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Email

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

Yes - There is a plan to make this available

Informed Consent Form

No - There is not a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

No - There is not a plan to make this available

Data Dictionary

No - There is not a plan to make this available

Title and more details about the data/document

"All data can be shared after de-identifying individuals."

When the data will become available and for how long

6 months after publication

To whom data/document is available

Researchers working in academic and scientific institutions

Under which criteria data/document could be used

There are no other conditions

From where data/document is obtainable

Gholamim26279@gmail.com Mahboobe Gholami

What processes are involved for a request to access data/document

The applicant should send a request email along with their details; the research deputy should give permission, and the data should be emailed to them."

Comments