Clinical Trial Protocol
Iranian Registry of Clinical Trials

09 Nov 2026

Review of the effectiveness of traditional medicine therapy on the gastric headache

Protocol summary

Summary

This research is done to form a before - after intervention in gastric headache patients referred to the Headache Clinic of Imam Khomeini hospital in the city of Tehran, 2012. 42 patients with gastric headaches for project were selected . Patients were treated for 3 months by the traditional medicine treatment protocol and are visited once every month. In the end, the results of this proceedure, about severity, duration and frequency of headaches, will be collected in the form of data collection, and will be analysied.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201203089236N1**
Registration date: **2012-10-02, 1391/07/11**
Registration timing: **registered_while_recruiting**

Last update:
Update count: **0**

Registration date

2012-10-02, 1391/07/11

Registrant information

Name

Seyyed Mohammad Bagher Fazljou

Name of organization / entity

Tehran University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 21 5560 1274

Email address

fazljou@razi.tums.ac.ir

Recruitment status

Recruitment complete

Funding source

tehran university of medical sciences

Expected recruitment start date

2012-09-23, 1391/07/02

Expected recruitment end date

2013-02-19, 1391/12/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Review of the effectiveness of traditional medicine therapy on the gastric headache

Public title

Effect of Traditional medicine treatment on headache

Purpose

Treatment

Inclusion/Exclusion criteria

inclusion criteria: having gastric headaches criteria based on Iranian traditional medicine references - having at least 3 headache attacks per month - lack of specific diseases and other chronic conditions witch are interfering in the process of intervention. exclusion criteria: wrong diagnosis - lack of cooperation volunteers - occuring complications in treatment proceedure

Age

From **16 years** old to **60 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **42**

Randomization (investigator's opinion)

N/A
Randomization description
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Single
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Tehran University of Medical Sciences Ethics Committee
Street address
Tehran University of Medical Sciences, Engelab St.
City
Tehran
Postal code
Approval date
2012-07-09, 1391/04/19
Ethics committee reference number
374

Health conditions studied

1

Description of health condition studied
headache
ICD-10 code
G43.9
ICD-10 code description
migraine unspecified

Primary outcomes

1

Description
number of headache attacks in intervention compared to before intervention
Timepoint
before intervention, 1 month, 2 month and 3 month after intervention
Method of measurement
number of attacks

2

Description
headache severity
Timepoint
before interventio and in each headache after intervention
Method of measurement
visal analoge scale

3

Description
duration of headache
Timepoint
before intervention and in each headache after intervention
Method of measurement
per hour

Secondary outcomes

empty

Intervention groups

1

Description
Traditional medicine method is studied in this paper, this method of treatment includes cleansing, adjusting temperament and strengthen of ill member , and the two main drugs used in this study are the otryfel coriander, combined with sugar-mastic. coriander otrifel is given TDS for 1.5 month and mastic-suger BID for 3 month.
Category
Treatment - Drugs

Recruitment centers

1

Recruitment center
Name of recruitment center
Traditional Medicine Clinic of Imam Khomeini Hospital
Full name of responsible person
Street address
City
Tehran

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Tehran University of Medical Sciences
Full name of responsible person
Mansoor Keshavarz
Street address
Tehran University of Medical Sciences , Tehran
City
Tehran
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Tehran University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Traditional Medicine College, Tehran University of Medical Sciences of tehran university

Full name of responsible person

Seyyed Mohammad Bagher Fazljou

Position

MD and PhD Student of Traditional Tedicine

Other areas of specialty/work

Street address

Tehran, Traditional Medicine College

City

Tehran

Postal code

Phone

+98 21 5560 1274

Fax

Email

fazljou@razi.tums.ac.ir

Web page address

Person responsible for scientific inquiries

Contact

Name of organization / entity

Traditional Medicine College, Tehran University of Medical Sciences of tehran university

Full name of responsible person

Seyyed Mohammad Bagher Fazljou

Position

MD and PhD Student in Traditional Medicine

Other areas of specialty/work

Street address

Tehran University of Medical Sciences, Tehran

City

Tehran

Postal code

Phone

+98 21 5560 1274

Fax

Email

fazljou@razi.tums.ac.ir

Web page address

Person responsible for updating data

Contact

Name of organization / entity

Traditional Medicine College, Tehran University of Medical Sciences of tehran university

Full name of responsible person

Seyyed Mohammad Bagher Fazljou

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Tehran- tehran university of medical sciences

City

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Fax

Email

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Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty